

My Amazing Body

Circle the letter of the best answer.

Name _____ Date _____

1. About how many bones are there in an adult human body?
A) 26
B) 206
C) 106
D) 306
2. Which is the longest bone in the human body?
A) The arm bone
B) The jaw bone
C) The thigh bone
D) The rib
3. What do we call the place where two bones meet?
A) A joint
B) A vertebra
C) A rib
D) A muscle
4. What important part does our backbone protect?
A) The lungs
B) The kidneys
C) The stomach
D) The spinal cord
5. Which mineral helps make our bones strong?
A) Calcium
B) Sugar
C) Starch
D) Iron
6. The muscle in our upper arm that helps us bend our elbow is called what?
A) Triceps
B) Biceps
C) Deltoid
D) Hamstring
7. How many chambers does the human heart have?
A) Two
B) Six
C) Three
D) Four
8. What instrument do doctors use to listen to a heartbeat?
A) A thermometer
B) A microscope
C) A stethoscope
D) A magnifying glass
9. Which gas do our lungs mainly get rid of when we breathe out?
A) Oxygen
B) Hydrogen
C) Carbon dioxide
D) Water only
10. Which blood component gives blood its red colour?
A) Platelets
B) White blood cells
C) Plasma
D) Red blood cells

Answer key — fold under before giving this to a child

1. B 2. C 3. A 4. D 5. A 6. B 7. D 8. C 9. C 10. D