

My Amazing Body

Name _____

Date _____

1. What is another name for the backbone?
A) Rib cage
B) Skull
C) Jaw
D) Spine
2. Which mineral helps make our bones strong?
A) Starch
B) Sugar
C) Calcium
D) Iron
3. Which bony part protects our brain?
A) The skull
B) The jaw
C) The backbone
D) The ribs
4. What sound does a heartbeat usually make?
A) Lub-dub
B) Buzz-hiss
C) Pop-click
D) Tick-tock
5. What are muscles usually attached to, so that we can move?
A) Skin
B) Bones
C) Hair
D) Nails
6. Which of these foods is a very good source of calcium for strong bones?
A) Milk
B) Sugar
C) Oil
D) Rice
7. The spine is made up of many small bones. What are they called?
A) Ribs
B) Vertebrae
C) Skulls
D) Joints
8. How many pairs of ribs does the human body usually have?
A) 10 pairs
B) 14 pairs
C) 12 pairs
D) 20 pairs
9. What protects your heart from the front?
A) The rib cage
B) The skull
C) The collarbone alone
D) The backbone
10. What do we call it when we take air into our lungs?
A) Swallowing
B) Breathing out
C) Sneezing
D) Breathing in

Answer key

1. D 2. C 3. A 4. A 5. B 6. A 7. B 8. C 9. A 10. D