

My Body

Name _____

Date _____

1. How many arms does a person have?
A) two
B) three
C) one
D) four
2. Which body part do we use to chew our food?
A) nails
B) teeth
C) elbows
D) hair
3. Which body part do we mainly use to hold things?
A) hands
B) head
C) feet
D) knees
4. Which body part helps bones move by pulling on them?
A) muscles
B) nails
C) skin
D) hair
5. Which body part helps us to think?
A) the brain
B) the heart
C) the stomach
D) the lungs
6. Which body part do we bend to move our arm?
A) the knee
B) the chin
C) the ankle
D) the elbow
7. Which body part do we use to bend the leg?
A) the elbow
B) the wrist
C) the knee
D) the shoulder
8. Which body part do we open to put food into?
A) the chin
B) the forehead
C) the neck
D) the mouth
9. Which body part is directly above your knee?
A) your thigh
B) your shin
C) your foot
D) your ankle
10. Which of these actions mainly uses your legs and feet?
A) running
B) clapping
C) writing
D) waving

Answer key

1. A 2. B 3. A 4. A 5. A 6. D 7. C 8. D 9. A 10. A