Naming Feelings

Name _____ Date _____

1. Name the feeling of being still and relaxed, like after a good rest.
   A) Calm B) Angry
   C) Jealous D) Worried

2. What is the name for looking forward to something good happening soon?
   A) Angry B) Excited
   C) Grumpy D) Sad

3. Name the feeling of wanting to hide behind your mum when you meet someone new.
   A) Proud B) Angry
   C) Shy D) Excited

4. Name the feeling that goes with smiling, crinkled eyes, and giggling at a puppet show.
   A) Sad B) Happy
   C) Angry D) Worried

5. Name the feeling of clenched fists and a hot face after someone scribbles on your drawing.
   A) Shy B) Angry
   C) Calm D) Bored

6. Name the feeling that shows up when you want a toy that your friend has and you don't.
   A) Jealous B) Bored
   C) Calm D) Proud

7. Name the feeling of being muddled when a teacher's instructions do not make sense to you.
   A) Proud B) Confused
   C) Calm D) Excited

8. What do we call it when you want to know more and you lean in to ask lots of questions?
   A) Curious B) Embarrassed
   C) Bored D) Angry

9. Ira keeps peeking into the kitchen and asking what the strange new smell is. What is her feeling?
   A) Angry B) Guilty
   C) Bored D) Curious

10. What do we call the feeling when your heart beats fast and you want to run away from a barking dog?
    A) Proud B) Scared
    C) Calm D) Excited

Answer key
1. A 2. B 3. C 4. B 5. B 6. A 7. B 8. A 9. D 10. B